Quality of Life Programs
Providing emotional support, education, meaningful engagement, and coping strategies

Lewy Body & Frontotemporal Dementia Caregiver Support Group

1st Wednesday of the month
2:00 pm - 3:30 pm

Monthly support group for caregivers providing care for individuals with non-Alzheimer’s dementias, such as Lewy Body Dementia or Frontotemporal Dementia.

Shiley-Marcos Alzheimer’s Disease Research Center (SMADRC) support groups provide participants with a safe, supportive environment to discuss experiences, share knowledge, and exchange strategies to help one another gain insights and cope effectively with a diagnosis of Alzheimer’s disease or a related disorder.

SMADRC Support Groups
• Facilitated by trained professionals
• Access to guest presenters from the scientific community
• Referrals to services and community resources
• No obligation to participate in research
• No cost to participate

Co-sponsored by Alzheimer’s San Diego.

Pre-Registration is required. Call (858) 822-4800.
adrc.ucsd.edu