Quality of Life Programs
Providing emotional support, education, meaningful engagement, and coping strategies

My Life Through the Lens

Offered in April and June
10:00 am-12:00 pm

Four-session photography and book making workshop developed by the Museum of Photographic Arts (MOPA) offered twice a year to participants with memory disorders and their care partners. This program is offered in English and Spanish.

Participants are given opportunities for meaningful engagement in developmentally appropriate activities that are carefully designed to support the varying experience and ability levels of each individual in a group setting to facilitate success and socialization.

SMADRC QOL Programs
- SMADRC trained facilitators
- No obligation to participate in research
- No cost to participate

Co-sponsored by the Alzheimer’s Association.

Pre-Registration is required. Call (858) 822-4800.
adrc.ucsd.edu