Quality of Life Programs
Providing emotional support, education, meaningful engagement, and coping strategies

Young Onset Support Group

4th Wednesday of every month
12:30 pm - 1:30 pm

Monthly support group at the Shiley-Marcos ADRC for individuals who are in the early stages of Alzheimer’s or a related disorder and started experiencing symptoms before age 65.

Shiley-Marcos Alzheimer’s Diease Research Center (SMADRC) support groups provide participants with a safe, supportive environment to discuss experiences, share knowledge, and exchange strategies to help one another gain insights and cope effectively with a diagnosis of Alzheimer’s disease or a related disorder.

SMADRC Support Groups
- Facilitated by trained professionals
- Access to guest presenters from the scientific community
- Referrals to services and community resources
- No obligation to participate in research
- No cost to participate

Pre-Registration is required. Call (858) 822-4800.
adrc.ucsd.edu