Four Four Support Group

2nd Tuesday of the month
3:00 pm - 4:30 pm

A monthly support group for individuals who have learned that they have two copies of the e4 allele of the apolipoprotein E gene (ApoE).

Each group is co-facilitated by a licensed clinical social worker and genetic counselor and provides:

- opportunities to share support with one another
- information and knowledge in a safe, supportive environment
- regular meeting time and location
- encouraging environment to exchange coping skills

Call (858) 822-4800 for further information.
Website: adrc.ucsd.edu