Providing emotional support, education, and coping strategies for Lewy Body and Frontotemporal Dementia caregivers

1st Wednesday of the month
2:00pm - 3:30pm

Pre-registration is required.

Caregiver Support Group meetings assist family members and care partners who are facing the challenges of Lewy Body and Frontotemporal Dementia. These free meetings allow participants to gain new insights, share knowledge and experiences, and express concerns and challenges in a safe, supportive environment.

Each group is facilitated by a trained professional and provides:
- Emotional support
- Regular meeting time and location
- Encouraging environment to exchange coping skills
- Up-to-date information about Lewy Body and Frontotemporal Dementia
- Links to community resources
- Co-sponsored by the Alzheimer’s San Diego

Call (858) 822-4800

Website: adrc.ucsd.edu